

Subject: Welcome to Week 1: Superhero Week at the 2026 Hampden Summer Activity Program!

Dear Parents and Guardians,

Welcome to the 1st exciting week of the **2026 Hampden Summer Activity Program!** We're thrilled to have your child with us for a week of fun, learning, and adventure.

This Week's Theme: Superhero Week!

Calling all heroes! It's **Superhero Week**, and our energetic program staff has a full schedule of superhero-themed activities planned—games, crafts, challenges, and team-building fun.

Payment Reminder

Full payment must be made prior to your child attending the program. If you have an outstanding balance or are unsure of your payment status, please contact parks@hampdenma.gov as soon as possible. Children may not attend until full payment is received.

Health Forms Required

A completed health form or your child's most recent **physical exam report (signed by a physician)** must be on file before your child may attend the program. If you haven't submitted one yet, please email it or bring a printed copy to drop-off on the first day of the week. This is a required part of your child's registration.

Allergy/EpiPen Reminder

If your child has allergies that require an **EpiPen**, please hand it directly to staff on the first day of the week. EpiPens must be clearly labeled with the name of the participant.

Program Info

Location: Memorial Park, 495 Main St, Hampden, MA

In case of severe weather (e.g., thunderstorms), the program will move to **New Hampden Town Hall**. Families will be notified via email and social media the day before, if possible.

Drop-Off: 8:15 AM – 8:45 AM

Pick-Up:

- At 2:10PM the gate will open and cars can come down the driveway to the cones.
- At 2:20 the cones will be removed for the cars to park and pick up will begin.

- Authorized pickups should wait in their vehicle until the cones have been removed and your vehicle is parked in the parking lot.
- Children will not be released before this time without arrangement ahead of time.

Daily Schedule:

Each day includes a mix of superhero crafts, sports, science activities, nature walks, and free play. A daily schedule will be posted each morning at the program bulletin board.

Reminders

- **Sign In/Out Required:** Only authorized adults may pick up your child. A photo ID may be requested.
- **Label Belongings:** Please label all items, especially water bottles, towels, and lunchboxes.
- **Lost & Found:** Located under the large pavilion.
- **No Personal Toys:** Please leave toys at home. We are not responsible for lost personal items.
- **Sunscreen:** Apply before arrival. If additional applications are needed, please let your child's counselor know.
- **Snacks & Lunch:** Pack a nutritious lunch and snack. No glass containers or items needing refrigeration.
- **Footwear & Clothing:** Sneakers are required for morning play. Pack alternate shoes if desired for later in the day.

Special Events

- **Friday Bounce House & Snack Shack:** Kids can enjoy bounce house fun and purchase snacks (most under \$1). Please avoid sending large bills.
- **Hiking (Ages 8+):** Families will be notified in advance of hiking days. Sneakers or hiking boots are required. Participation may be limited based on safety or trail difficulty.
- **K9 Police Visit and Demonstration:** Sgt. Van Buskirk will bring her K9 and run some fun demonstrations for the kids.

Stay Connected

Follow us on Instagram for photos and updates: [@hampden_sp](#)

Follow us on Facebook: [Hampden Ma Parks & Rec](#)

Meet our directors

If you need assistance during the week, feel free to reach out to:



Gianna Angelica, Program Director

On site: (413) 262-2275

Email: gmangelica321@gmail.com

Bio: Hello my name is Gianna Angelica and this is my 6th summer working with the program. I started as a counselor and worked my way up to Program Director. As a former participant and lifelong Hampden resident, I am excited for another wonderful summer. I am a recent Wheaton College graduate with a degree in Design. If you have any questions or

concerns, feel free to reach out.



Alyssa Penna, Assistant Director

On site: (413) 289-4140

Email: alyssapenna05@gmail.com

Bio: Hi Everyone! I'm Alyssa and a former participant of the Summer Program who grew up in Hampden. I am thrilled to be back at the Summer Program as the Assistant Director. I am currently studying Health Sciences in Quinnipiac University's Physical Therapy program. I can't wait to meet

everyone and make this a fun and memorable summer!

Hampden Parks & Recreation Department:

parks@hampdenma.gov

413-566-2151 ext. 108

Thank you for choosing the Hampden Summer Activity Program—we can't wait to have a *SUPER* week with your child!

Warm regards,

Hampden Parks & Recreation Department