



**FIRST AID/CPR/AED**

# TRAINING

## **ESSENTIAL SKILLS:**

- ✓ CPR (Cardiopulmonary Resuscitation)
- ✓ AED (Automated External Defibrillator)
- ✓ Choking Relief
- ✓ Chest compressions & Rescue Breathing

**NOV, 8TH | 9:00 AM - 12:00 PM**

**LOCATION: HAMPDEN TOWN HOUSE  
625 MAIN STREET HAMPDEN, MA 01036**

## **REGISTRATION:**



[hampdenma.myrec.com](https://hampdenma.myrec.com)

